

**grass run farms**<sup>®</sup>

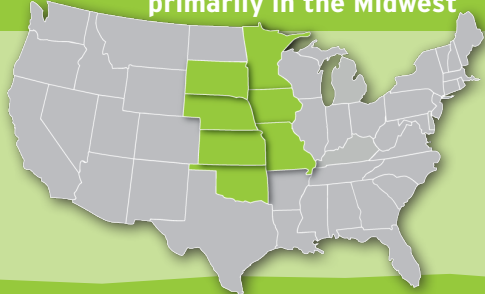
100% grass fed beef

*nature's goodness*<sup>™</sup>

- 100% Grass Fed
- No Antibiotics
- No Hormones
- No Growth Promotants
- Product of USA



**Born, Raised, & Harvested**  
primarily in the Midwest



### Safe, Wholesome Protein

Grass Run Farms beef is freshly harvested each week at JBS Omaha. Known for a stellar safety record and processing facilities, JBS is a leading beef processor in the U.S. and focuses on supplying safe, wholesome protein to consumers.

Grass fed beef delivers less total fat, saturated fat, cholesterol and fewer calories to help support a healthy consumer diet.

*100% of Grass Run Farms products are  
100% grass fed beef.*



## Bringing you grass fed beef, straight from the *family farm.*

### Grass Finished Beef

Sourced primarily from the Midwest, our cattle (under 30 months) have room to roam and graze the rolling green local pastures with access to natural water supplies and clean, open air. Grass Run Farms cattle consume native, forage diets their entire lives.

### Exclusive Never-Ever All Natural Beef

USDA Choice, Select and Ungraded grass finished beef to deliver mouthwatering goodness of healthy beef products. Grass Run Farms cattle never receive grain, animal by-products, antibiotics, added hormones, or growth promotants.



### From Our Gate To Your Plate

Delivering delicious grass finished beef under strict program protocol, Grass Run Farms supplies a diverse product offering for consumers looking for healthy, lean protein. Our Never-Ever All Natural grass fed beef is full of antioxidants, vitamins and minerals to support a healthy diet.

**Simply put, it's good for you, the animals and our land.**

The Jepsen family of Dorchester, IA, founded Grass Run Farms in 2008 in efforts to produce high-quality grass fed beef in the Midwest. Today, Grass Run Farms remains focused on careful production and sustainable management through strong relationships with individual ranches who raise cattle to our strict specifications.

Once these cattle leave their ranch of origin, Where Food Comes From, Inc., a third party verification company, verifies that the cattle remain in compliance with our production protocols and Beef Quality Assurance animal care and wellbeing practices.



# Grass Run Farms Program Specifications

FEATURES	BENEFITS
Never-Ever All Natural Beef	<ul style="list-style-type: none"> <li>• Healthy cattle never receive antibiotics, added hormones and growth promotants (beta-agonists)</li> <li>• Producers must provide production records upon arrival at harvest</li> </ul>
100% Grass Fed Beef	<ul style="list-style-type: none"> <li>• Cattle fed forage diets produce beef that contains less total fat, saturated fat, cholesterol and fewer calories to support a healthy diet</li> <li>• Never fed grain and have continuous access to pasture during the growing season (utilize stored forages in winter months)</li> </ul>
Quality Grade Focused	<ul style="list-style-type: none"> <li>• USDA Choice, Select and Ungraded beef now available</li> <li>• Delivers high-quality 100% grass finished beef to consumers with only steers and heifers under 30 months</li> </ul>
Born, Raised & Harvested in the USA	<ul style="list-style-type: none"> <li>• Supplied primarily from family farms in the Midwest to ensure high-quality grass finished beef</li> </ul>

## Primals

#3351	Ribeye, Bone-In 2x2	3pc/cs	55# cs
#3352	Ribeye, Boneless Lip-On 2x2	2pc/cs	25# cs
#3353	Short Loin, Bone-In 0x1	3pc/cs	60# cs
#3354	Strip Loin, Boneless 0x1	3pc/cs	30# cs
#3355	Tenderloin, Boneless, Peeled 5up	6pc/cs	35# cs
#3361	Knuckle, peeled	10pc/cs	55# cs

## Steaks *Custom Cut to your sizing specifications*

#22925	Tenderloin		10# cs
#22092	Tenderloin, Center-Cut		10# cs
#22920	Porterhouse Steak		10# cs
#22935	Ribeye Steak Boneless		10# cs
#22940	Ribeye Cowboy Steak		10# cs
#22945	Ribeye, Bone-In Frenched Steak		10# cs
#22915	Striploin Boneless, Center-Cut Steak		10# cs
#22910	T-Bone Steak		10# cs

## Grinds

#3357	80% Ground Beef	4/5# chub	20# cs
#22593	80% Ground Beef Pattie, Any Size		10# cs

Make an Impression with

## 100% grass fed beef

A superior eating experience, grown in the USA. That sums up Grass Run Farms. For you, our grass fed beef delivers an opportunity to offer a specialty item on your menu and consistently serve guests delicious, wholesome protein.

You'll enjoy the predictable quality of Grass Run Farms beef, with USDA Choice, Select and Ungraded product now available! At the table, your customers will enjoy the tenderness and juiciness of your steaks and burgers, plus they'll know their beef comes from **family farmers** and ranchers in America's heartland.

*Exclusively sold at*  
**Metropolitan Meat  
 Seafood & Poultry**



call your sales associate to learn more  
 301.772.0060 | [www.metropoultry.com](http://www.metropoultry.com)